

Expert Q&A

Skin Tightening • Yeast Infections • Porcelain Veneers



Stacie McClane, M.D., LLC

Q. I've heard of a procedure called the **Minilift**. What does it accomplish?

A. The Minilift is a facial rejuvenation procedure that can be done in about an hour using local anesthesia (no general anesthesia or IV sedation is required). In general, many patients are happy with this procedure because they consider it less invasive than a traditional facelift and there's relatively little recovery time. If you have

deepened cheek folds and looseness in the tissue around your lower face and neck, you may be an ideal candidate. During a Minilift, a layer of skin called the SMAS is tightened and any excess skin removed. This results in tighter cheek folds, a more defined jaw line and a smoother neck. In my practice, I use absorbable sutures to improve the cosmetic appearance during the healing time, which patients find both comfortable and convenient. *Stacie McClane, M.D., Facial Plastic and Reconstructive Surgery, 680 North Lakeshore Drive*