



**Stacie McClane, M.D.**

## **Q. How can I get rid of tired, puffy eyes?**

**A.** During our lives, we tend to experience an excess of skin around our eyes. Additionally, the fat around our eyes tends to move closer to the skin, giving us a tired and puffy look. A blepharoplasty, or upper or lower eyelid procedure, will improve and correct these issues. An upper blepharoplasty is performed through a hidden incision in the upper eyelid crease. A lower eyelid procedure is

either performed from the inside of the lower eyelid (no visible scar) or just below the lash line. Many patients can have blepharoplasties with local anesthesia, and the entire procedure takes less than one hour. Minimal swelling and bruising is common after. Most patients can wear makeup and comfortably go out in public in about one week. In addition to a blepharoplasty, Botox® can also soften lines around the eyes. *Stacie McClane, M.D., Facial Plastic and Reconstructive Surgery, 680 North Lakeshore Drive* ■